Allegany COUNTY New York

DEPARTMENT OF HEALTH

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To: Allegany County Media
From: Theresa Moore, Supervising Public Health Educator/Public Information Officer
Re: Updates for Quarantine
Date: May 3, 2021

News Release: Updates for Quarantine

The New York State Department of Health has issued update to the health advisory for quarantine. This guidance update aligns with the New York State Travel Advisory that went into effect on April 10, 2021, and aligns with the Centers for Disease Control and Prevention (CDC) requirements and recommendations for domestic and international travel released April 2, 2021.

Quarantine Requirements:

Fully vaccinated individuals exposed to COVID-19 who are asymptomatic (having no symptoms of COVID-19) do not need to quarantine after exposure to COVID-19.

Fully vaccinated individuals exposed to COVID-19 who have COVID-19 symptoms must isolate themselves, talk to their healthcare provider about concerns, and be tested for COVID-19.

Recently recovered individuals exposed to COVID-19 who are asymptomatic (having no symptoms of COVID-19), who have been recently diagnosed with laboratory confirmed COVID-19, and have since recovered, are not required to retest and quarantine provided the new exposure is within 3 months after the date of symptom onset from the initial COVID-19 infection or date of first positive diagnostic test if asymptomatic during illness.

Individuals who are neither fully vaccinated nor recently recovered and are exposed to COVID-19:

- Individuals who have been exposed to someone with confirmed or suspected COVID-19, who are not fully vaccinated or have not recovered from COVID-19 in the previous 3 months, are required to quarantine for 10 days after exposure.
- Testing is not required to end quarantine if no symptoms have been reported during the quarantine period. However, a test should be sought immediately if any symptoms develop during the 14 days after exposure.

The Allegany County Department of Health will continue to identify individuals who may have been exposed to COVID-19. Contract tracing interviews now include questions about vaccination status and previous COVID infection. Contact tracers may validate reports of vaccination status in NYSIIS or CIR, the statewide immunization registry, during the interview. Fully vaccinated individuals do not need to quarantine after exposure.

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This guidance applies only to **asymptomatic** individuals who have been exposed to COVID-19 and who have not tested positive as a result of a recent exposure. Consistent with ongoing NYSDOH requirements, individuals who test **positive for COVID-19 must isolate**.

COVID-19 travel advisory from the New York State Department of Health is available at https://coronavirus.health.ny.gov/covid-19-travel-advisory

Additional information is available on the New York State Department of Health website at https://www.health.ny.gov/

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