

Allegany County Office for the Aging Senior Nutrition Program

(585) 268-9390 (Toll-Free - 1-866-268-9390)

May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken & WG Biscuit Petite Peas Diced Carrots Peaches	2 Fresh Apple Swiss Steak Creamed Potatoes Spinach WG Bread Banana Bread w/ Cream Cheese Frosting	3 Four Bean Salad Lasagna Mixed Vegetables Warmed WG Roll Fruit Cocktail	4 <u>Belmont Party</u> Seasoned Baked Chicken w/Gravy over Stuffing Mashed Potatoes Glazed Carrots WG Rye Bread Tropical Fruit	5 Ham & Broccoli Frittata over Brown Rice California Blend WG Roll Pears
8 Sloppy Joes w/ WG Bun Broccoli Cheese Soup Oven Browns Mixed Fruit	9 Pickled Beets Cajun Baked Fish Brown Rice Pilaf Louisiana Red Beans Warmed WG Roll Fresh Orange	10 Swedish Meatballs over Egg Noodles Lima Beans Corn WG Roll Apple Slices	11 <u>Mother's Day Special & Fillmore Party</u> Pineapple & Raisins Seasoned Roast Pork over Stuffing w/gravy Sour Cream & Chive Mashed Potatoes Peas & Onions WG Roll Chocolate Cake w/ Frosting	12 Chickpea Salad Italian Chicken Brown Rice Pilaf Mixed Vegetables Warmed WG Roll Applesauce
15 <u>Alfred Party</u> Macaroni & Cheese Broccoli Stewed Tomatoes WG Roll Tropical Fruit	16 Broccoli/Cauliflower Salad Goulash Italian Green Beans Warmed WG Roll Mixed Fruit	17 Tomato Bisque Soup Egg Salad Sandwich on WG Bun Garlic Cauliflower Pears <i>Site Birthday Cakes</i>	18 <u>Cuba Party</u> Three Bean Salad Chicken Breast Supreme over Egg Noodles Mixed Vegetables Warmed WG Roll Fruit Cocktail <i>Site Birthday Cake</i>	19 Spanish Rice Spinach Tomatoes & Zucchini WG Bread Peaches
22 <u>Bolivar Party</u> Baked Ham w/Raisin Sauce over Stuffing Au Gratin Potatoes Glazed Carrots WG Rye Bread Pineapple	23 <u>Canaseraga Party</u> Raisins Sweet & Sour Pork over Brown Rice Stir-Fry Vegetables Brussel Sprouts WG Roll Peach Crisp	24 <u>Wellsville Party</u> Mandarin Oranges Meatloaf w/Gravy Sour Cream & Chive Mashed Potatoes Corn WG Roll Pumpkin Bread w/Frosting	25 <u>Memorial Day Special & Friendship Party</u> Applesauce Fireman's Chicken Potato Salad Baked Beans WG Roll Strawberry Shortcake w/ Whipped Topping	26 Beef Barley Soup Tuna Salad WG Bread Green Beans Fresh Oranges
5/29 Memorial Day Closed 	5/30 Turkey Ala King over WG Biscuit Lima Beans California Blend Fresh Apple	5/31 <u>Whitesville Party</u> Cucumber Salad Stuffed Shells French Green Beans Warmed WG Roll w/Butter Mandarin Oranges	6/1 Cottage Cheese & Chives Tuna Noodle Casserole Peas & Carrots WG Roll Peaches	6/2 Coleslaw BBQ Pork on WG Bun Oven Browns Fruit Cocktail

